

## Remote Learning - Schedule

(During 5 minute time between subjects have the kids take a brain break and MOVE!!!)

Time	Subject	Possible Activities
8:30	Wake up	Get Dressed Make Bed Brush Teeth Have Breakfast Share one family Read Aloud <a href="#">Storyline Online</a>
9:00 - 9:35	Reading	Complete Reading assignment
9:40 - 9:55	Phonic/Word Work	Complete Phonics/Word Work assignment
10:00 - 10:55	Math	Daily Math assignment Use <a href="#">Khan Academy</a> for help
11:00-12:00	Lunch Movement Mindfulness	Walk/Run Outside Yoga Play a sport with sibling <a href="#">Calm</a> app Bike Ride
12:00-12:30	Silent Reading	Silent Read a book from your Take Home Bag or online at ( <a href="#">Newsela</a> ) or <a href="#">ReadWorks</a>
12:30-12:55	Journal/Write	Writing assignment Or Write a Summary of Reading
1:00-1:30	Science	Science Assignment Mystery Science videos
1:35-2:00	Social Studies	Social Studies Assignment Read one <a href="#">Newsela</a> article Or grades 3-5 watch <a href="#">CNN 10</a>
2:05-2:55	Specials/Creative	Complete Specials Assignment Or Mindfulness Coloring Draw Freehand
3:00-3:30	Chores	Clean study area Organize School material (electronic and physical) Clean Room Vacuum, Dust, Wipe Down Surface