

**ECS Standard Treatment Protocol for
DIASTAT ACUDIAL DIAZAPAM RECTAL GEL DELIVERY SYSTEM**

Student Name: _____ **Date of Birth:** _____

Building: _____ **Grade:** _____

The physician is asked to:

- review this standard treatment protocol in light of the individual student*
- note any medically necessary adjustments/additions and*
- sign/return at the earliest convenience.*

Purpose: Diastat is designed to abort a single seizure that lasts more than 3-5 minutes. It may also be used for a cluster of seizures that occur within a 3-5 minute period. The Diastat Delivery System (i.e., applicator) is pre-dialed to the correct dosage for the student.

Care and Storage: Unless otherwise directed by the physician or determined necessary by the building administrator, the Diastat will be stored in a locked area in the main office such that it will be readily accessible within the 3-5 minute window when needed. The Diastat will be taken on all field trips by staff.

Training

Staff members who work directly with the student, as well as office staff and other emergency responders, will receive training with regard to signs of seizure and how to administer Diastat. This training will be provided by the school nurse unless the student's physician directs otherwise.

To review a training video on Diastat administration go to www.diastat.com

Procedure to be followed:

Note the time you see a seizure starting. Signs of a seizure may include:

- blank staring, eye blinking, facial twitches, drooping of the mouth or cheek, drooling
- repetitive movement of a body part (clenching hands, grinding teeth, waving arm, etc.)
- uncontrolled shaking of one or more body parts
- generalized shaking/twitching of extremities
- student may fall down and/or lose consciousness

Provide privacy if at all possible (move the child if he/she is in a condition to be moved, or remove the other students.) Move the student to the floor.

While observing the student and timing the seizure, contact the office for assistance. Office staff will bring the Diastat to the student's location and call 911.

If the seizure persists longer than 3-5 minutes, administer Diastat according to the following steps.

1. Staff member should wear non-latex gloves.
2. Lay student on the floor on his/her side facing you.
3. Pull down the student's pants.
4. Remove applicator cover from Diastat.
5. Lubricate tip of applicator using gel packet provided.
6. Bend and gently pull the child's top leg toward you. Spread buttocks to expose rectum.
7. Gently insert applicator into rectum.
8. Push down on the applicator's plunger to a slow 3 count until it stops/clicks.
9. Slowly count to 3 before removing applicator from the rectum.
10. Remove applicator and hold buttocks together for a count of 3 to prevent leakage.
11. Note time. Call 911. Monitor student until EMS arrives.

Disposal of Equipment: The used Diastat Delivery System may be given to EMS upon their arrival. If they do not take the used delivery system with them, dispose of it as follows:

- hold applicator over sink or toilet
- pull back on plunger until it comes out of the applicator
- allow remaining medication to drain into sink or toilet; flush with water
- dispose of used applicator and other materials in a biohazard bag or sharps container

**OTHER MEDICALLY NECESSARY STEPS THAT MUST BE TAKEN WITH REGARD TO
DIASTAT ADMINISTRATION FOR THIS PARTICULAR STUDENT:**

I hereby approve the above Diastat protocol as medically appropriate for this student.

Physician's Signature: _____ **Date:** _____

Return ASAP within 5 business days to
 Eastpointe Community Schools
 Office of Student Support Services
 24685 Kelly Rd.
 Eastpointe, MI 48021
 586-533-3742