December 2024 Eastpointe Community Schools Headstart Lunch Menu

A Complete Meal must have at least 3 Components (Grain, Protein, Fruit, Vegetable and Dairy).

All meals come with 1% Milk *Menu Subject to change*

Monday	Tuesday	Wednesday	Thursday	Friday
2 Soft Pretzel w cheese sauce w/yogurt and string cheese Baby carrots	3 Chicken Nuggets Smile Fries Pears	4 Hamburger w/cheese on WG Bun Baked Beans Banana	5 Ham and Cheese Sandwich Sour Cream and Salsa Corn	6 No Classes
w/ranch Peaches	10	11	Apple Slices	13
Spaghetti with WG Noodles WG Dinner roll w/butter Baby Carrots Apple Sauce	Mini Turkey Corn Dogs WG WG Educational crackers Cucumbers Mixed Fruit Cup	Hot Dog on a WG bun Green Beans Mandarin Oranges	Chicken Quesadilla Sour cream/salsa Corn Apples Slices	Bosco Sticks w/marinara Side Salad Peaches
16 WG Mozzarella Sticks w/marinara WG Pretzel Baby Carrots Apple Sauce	17 Chicken Tenders Tator Tots Pears	18 Hamburger w/cheese on WG Bun Baked Beans Banana	19 Beef and Cheese Tacos Corn Apples Slices	20 Pepperoni/Cheese Pizza Side Salad Peaches WG Cookie
23	24	25	26	27
30	31	Scho	OI -	