

December 2024

Eastpointe Community Schools

High School Lunch Menu

A Complete Meal must have at least 3 Components (Grain, Protein, Fruit, Vegetable and Dairy)

All lunches are served with fresh fruit and vegetables

All meals come with 1% Milk

Menu Subject to change

All Lunches served with assortment of sandwiches, salads everyday

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|--|
| 2 1. Bosco Sticks 2. Chicken Sandwich baby carrots w/ranch | 4 1. Chicken Nuggets 2. WG Pretzel w/cheese sauce string cheese and yogurt Smile Fries | 4 1. Hamburger w/Cheese on WG Bun 2. Hot Dog on WG Bun Baked Beans | 5 1. Soft Shell Taco w/salsa and sour cream 2. Grilled Cheese Corn | 6 1. Pepperoni Pizza/Cheese Side Salad |
| 9 1. Breaded WG Mozzarella Cheese Stick 2. Maple pancake sausage on a stick Baby carrots w/ranch | 10 1. Sweet and Sour chicken bowl w/ WG Rice 2. Sloppy Joe Sliders Broccoli | 11 1. Hamburger w/Cheese on WG Bun 2. Hot Dog on WG Bun Green Beans | 12 1. Chicken and Cheese Quesadilla w/ sour cream and salsa 2. Macaroni and Cheese Corn | 13 1. Pepperoni calzone/pizza Side Salad |
| 16 1. Spaghetti with WG noodles WG Dinner roll w/butter 2. Mini WG Corn Dogs Baby carrots w/ranch | 17 1. Spicy Chicken bowl with WG Fried Rice 2. Chicken Tenders Broccoli | 18 1. Hamburger w/Cheese on WG Bun 2. Hot Dog on WG Bun Baked Beans | 19 1. Soft Shell Taco w/salsa and sour cream 2. Grilled Cheese Corn | 20 1. Pepperoni Pizza/Cheese Side Salad |
| 23 | 24 | 25 | 26 | 27 |
| 30 | 31 | No School | | |