

February 2025

Eastpointe Community Schools

High School Lunch Menu

A Complete Meal must have at least 3 Components (Grain, Protein, Fruit, Vegetable and Dairy).

All lunches are served with fresh fruit and vegetables

All meals come with 1% Milk

****Menu Subject to change****

All Lunches served with assortment of sandwiches, salads every day, Yogurt Parfaits Fridays

Monday	Tuesday	Wednesday	Thursday	Friday
3 1 Snowman Soft Pretzel w cheese sauce w/yogurt/string cheese 2. Chicken Tenders w/ sweet potato fries Corn	4 1 BBQ Riblet Sandwich on WG Bun 2 Chicken Noodle Soup Broccoli	5 1. French Toast, hash brown patties w/ Turkey Sausage 2. Corn Dog on a stick Green Beans	6 1 Chicken Nuggets Corn Dog 2 Smile Fries Green Beans	7 1. Pepperoni/ Cheese Pizza Side Salad
10 1. Sweet and Sour Chicken Bowl w/ whole grain rice 2. Chicken Tenders Mixed Vegetables	11 1. Chicken Alfredo W/WG Rotini 2. Mozzarella Sticks w/marinara w/broccoli	12 1. Hamburger w/cheese on WG Bun 2. Hot Dog on WG Bun Green beans	13 1. * New Item Boneless Wing Thursday! 2. Bosco Sticks Mixed vegetables	14 1. Pepperoni/ Cheese Pizza Side Salad *Valentine's Day Cookie
17 No School	18 No School	19 1. Hot Dog on a WG Bun 2. Bosco Sticks Green Beans	20 Beef and Cheese Walking Taco salsa and sour cream 2. Spicy Chicken on WG Bun Corn	21 1. Pepperoni/Cheese Pizza Side Salad
24 1. Pasta Rotini w/garlic bread or WG Roll 2. Mixed Vegetables	25 1. WG Breaded Drumsticks w/ side of macaroni and cheese Green Beans	26 1. Hamburger w/cheese 2. Hot Dog on WG Bun Baked Beans	27 1. Fiesta Pizza 2. Stromboli Corn	28 1. Pepperoni/ Cheese Pizza Side Salad