

January 2025

Eastpointe Community Schools High School Lunch Menu

A Complete Meal must have at least 3 Components (Grain, Protein, Fruit, Vegetable and Dairy).

All lunches are served with fresh fruit and vegetables

All meals come with 1% Milk

****Menu Subject to change****

All Lunches served with assortment of sandwiches, salads everyday, Yogurt Parfaits Wednesday and Fridays!

Monday	Tuesday	Wednesday	Thursday	Friday
6 1.Lasagna Roll Up w/garlic Bread 2. Grilled Cheese Baby carrots w/ranch	7 1. Snowman Soft Pretzel w cheese sauce w/yogurt/string cheese 2.Chicken Nuggets Smile Fries	8 1. French Toast, Hash Brown Patties w/ Turkey Sausage 2. Corn Dog on a stick Green Beans	9 Half Day	10 No School
13 1.BBQ Riblet Sandwich 2.Chicken Tenders Mixed Vegetables	14 1. Chicken Alfredo W/WG Rotini 2. Mozzarella Sticks w/marinara w/broccoli	15 1.Hamburger w/cheese on WG Bun 2. Hot Dog on WG Bun Green beans	16 1.Chicken and Cheese Quesadilla 2. Beef and Cheese Walking Taco Sour cream/Salsa Corn	17 1.Pepperoni/ Cheese Pizza Side Salad
20 No School	21 1. Spicy Chicken Sandwich on WG Hamburger Bun 2. Macaroni and Cheese Baby Carrots Tator Tots	22 1.Hot Dog on a WG Bun 2. Bosco Sticks Green Beans	23 1.Soft Shell Taco 2. Chicken and Cheese Quesadilla w/salsa and sour cream Corn	24 1. Pepperoni/Cheese Pizza Side Salad Fruit Jooce
27 1.Pasta Rotini w/garlic bread or WG Roll 2. Broccoli and Cheddar Soup Mixed Vegetables	28 1.WG Breaded Drumstick 2 Meatballs Mashed Potatoes Broccoli	29 1.Hamburger w/cheese 2. Hot Dog on WG Bun Baked Beans	30 1.Beef and Cheese Walking Taco Sour Cream/Salsa 2. Stromboli Corn	31 1.Pepperoni/ Cheese Pizza Side Salad