

# January 2025

## Eastpointe Community Schools

### Middle School Lunch Menu

A Complete Meal must have at least 3 Components (Grain, Protein, Fruit, Vegetable and Dairy)

**All lunches are served with fresh fruit and vegetables**

**All meals come with 1% Milk**

***\*Menu Subject to change\****

**All Lunches served with assortment of sandwiches, yogurt parfaits and salads everyday**

Monday	Tuesday	Wednesday	Thursday	Friday
6 1. Bosco Sticks 2. Chicken Sandwich baby carrots w/ranch	7 1. Chicken Nuggets 2. Turkey Corn Dogs on a Stick Smile Fries	8 1. Hamburger w/Cheese on WG Bun 2. Hot Dog on WG Bun Baked Beans	9 Half Day	10 No School
13 1. Breaded WG Mozzarella Cheese Stick 2. Maple pancake sausage on a stick Baby carrots w/ranch	14 1. Sweet and Sour chicken bowl w/ WG Rice 2. Turkey Sub Broccoli	15 1. Hamburger w/Cheese on WG Bun 2. Hot Dog on WG Bun Green Beans	16 1. Chicken and Cheese Quesadilla w/ sour cream and salsa 2. Bosco Sticks Corn	17 1. Pepperoni calzone/pizza Side Salad
20 No School	21 1. Spicy Chicken bowl with WG Fried Rice 2. Chicken Tenders Broccoli	22 1. Hamburger w/Cheese on WG Bun 2. Hot Dog on WG Bun Baked Beans	23 1. Soft Shell Taco w/salsa and sour cream 2. Grilled Cheese Corn	24 1. Pepperoni Pizza/Cheese Side Salad
27 1. Lasgna Roll Up WG Dinner roll w/butter 2. Chicken Sandwich on WG Bun Baby carrots w/ranch	28 1. Sweet and Sour chicken bowl w/ WG Rice 2. Turkey Sub Broccoli	29 1. Hamburger w/Cheese on WG Bun 2. Hot Dog on WG Bun Green Beans	30 1. Chicken and Cheese Quesadilla w/ sour cream and salsa 2. Bosco Sticks Corn	31 1. Pepperoni calzone/pizza Side Salad