

# December 2024

## Eastpointe Community Schools Middle School Lunch Menu

A Complete Meal must have at least 3 Components (Grain, Protein, Fruit, Vegetable and Dairy)

**All lunches are served with fresh fruit and vegetables**

**All meals come with 1% Milk**

**\*Menu Subject to change\***

**All Lunches served with assortment of sandwiches, salads everyday**

Monday	Tuesday	Wednesday	Thursday	Friday
2 Bosco Sticks Chicken Sandwich baby carrots w/ranch	4 Chicken Nuggets WG Pretzel w/cheese sauce string cheese and yogurt Smile Fries	4 Hamburger w/Cheese on WG Bun Hot Dog on WG Bun Baked Beans	5 Soft Shell Taco w/salsa and sour cream Grilled Cheese Corn	6 Pepperoni Pizza/Cheese Side Salad F
9 Breaded WG Mozzarella Cheese Stick Maple pancake sausage on a stick Baby carrots w/ranch	10 Sweet and Sour chicken bowl w/WG Rice Sloppy Joe Sliders Broccoli	11 Hamburger w/Cheese on WG Bun Hot Dog on WG Bun Green Beans	12 Chicken and Cheese Quesadilla w/ sour cream and salsa Macaroni and Cheese Corn	13 Pepperoni calzone/pizza Side Salad
16 1. Spaghetti with WG noodles WG Dinner roll w/butter 2. Mini WG Corn Dogs Baby carrots w/ranch	17 Spicy Chicken bowl with WG Fried Rice Chicken Tenders Broccoli	18 Hamburger w/Cheese on WG Bun Hot Dog on WG Bun Baked Beans	19 Soft Shell Taco w/salsa and sour cream Grilled Cheese Corn	20 Pepperoni Pizza/Cheese Side Salad
23	24			
30	31			